

Discussion Questions for **Carbs & Cadavers**

1. In what ways do the members of the Flab Five get ridiculed for being overweight? Have you ever faced ridicule for an aspect of your physical appearance?
2. The chapter headings are composed of the FDA nutritional facts on each food. Were there any foods that surprised you by their high level of fat or carbohydrates?
3. James and his friends clearly have food addictions. What are yours and when do you turn to them?
4. What are the factors that seem to have caused Jackson Henry to become a recluse?
5. The sheriff's office believes that Whitney Livingstone is a good suspect, but what about her character makes the reader root for her to be innocent?
6. How does the Halloween parade serve to move the plot forward? Which was your favorite float?
7. Setting is an important part of any mystery. How does the setting enhance the stable scene?
8. Do you feel any sympathy for Allison Shilling? Why or why not?
9. Do you think James and Lucy make a good couple? Why or why not?
10. The Flab Five primarily succeeds on their diet because they support one another. If you've ever been on a diet in which you expressed what you were going through to others, did it help? What have been your dieting pitfalls?